ABSTRACT OF THE DISCLOSURE

A mirror assembly, which is attached to a head rest portion of a rear seat in a motor vehicle, is provided. The mirror assembly includes a base plate, at least one fastening strap, universal ball joint, and mirror housing that holds a reflective mirror. The mirror is used for viewing a child sitting in a rear-facing child safety seat. The safety seat is placed on the rear seat of the motor vehicle so that the child faces rearward. The mirror allows a driver or passenger in the front seat of the vehicle to observe the child by looking in the rear view mirror of the vehicle. The mirror assembly can be either mounted directly to the head rest or directly to the seat back or to both the head rest and the seat back thereby bridging the gap therebetween.